



ARKANSAS YOGA CENTER
WWW.ARYOGA.COM

A Weekend Yoga Workshop
at AYC with

Ty Burhoe

May 31, June 1 & 2, 2013
Principles of Nada Yoga

Sound & Spirit!

Friday 7:00pm - 9:00pm

Saturday 10:30am-1:00pm & 3:00pm-5:30pm

Sunday 9:30am - 12:30pm

Deepening our sense of feeling "in tune" with ourselves, with our intimate relationships and with the world, is a rich and joyous process. We will develop our ability to listen and come into rhythm with each other using some essential musical techniques useful to therapists, truth seekers and musicians alike. Within this practice we will uncover our age old romance with the force which is constantly "craving us into existence". From this deepest and most musical of relationships comes a natural kindness and compassion, awakening a fresh and inspired horizon within our lives.

The Musical Universe (A workshop on sounds & spirit) To experience the principle laws within music is to gain an insight into the building blocks of all energy and the very forces which create us from moment to moment.

Ty is internationally recognized for being instrumental in creating unique collaborations that weave tabla with other world traditions. He has become well known not only for his talents as a tabla player, but also for his extensive experience as a recording and live concert producer. He has been featured on many soundtracks for film and DVD, including the academy award winning documentary, "Born into Brothels." Organically, these experiences led him to

**Please register on line at www.aryoga.com
under workshops.**

Register by May 24, 2013 and pay only \$120 For Early Bird Special. **After May 24th registration for entire workshop is \$150.** Friday evening only \$50

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For more info or to register, visit our website at

www.aryoga.com

or call 479-521-YOGA (9642)

Arkansas Yoga Center

1949 Green Acres Road

Fayetteville, AR 72703

Friday evening only \$50