



Presents

A YOGA WORKSHOP

with

Karl Straub

March 26th, 27th and 28th

Karl Straub is the European Regional Executive Director for the Yoga Studies Institute. He was introduced to meditation in 1976 at age 11, and has been involved in spiritual pursuits ever since. He is known for his inspirational classes full of humor, compassion, hands-on assists, and wonderful surprises like overtone chant. His yoga-related certifications include Jivamukti Yoga, Tibetan Heart Yoga, and Thai Yoga Massage. Karl currently leads courses, retreats, and teacher trainings in about half a dozen countries each year.

EARLY BIRD SPECIAL!

Registration is \$175

Send Payment and Registration to:
Arkansas Yoga Center
1949 Green Acres Road
Fayetteville, AR 72703

*For more info, visit our website at www.aryoga.com
or call 479-521-YOGA (9642)*

Workshop Schedule

Friday: 7:00pm - 9:00pm

Saturday: 10:00am - 1:00pm
3:00pm - 5:00pm

Sunday: 10:00am - 1:00pm

March 26th, 27th and 28th

This training provides up to 10 hours towards Yoga Alliance Continuing Education Requirements.

Workshop with Karl Straub

Register online at www.aryoga.com or send this part in with payment

Name _____
Address _____
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EARLY BIRD SPECIAL \$150 _____



Early Bird Special Balance Due On Or Before March 2nd, 2010
Cancellations after March 9th subject to \$50 admin fee
Balance Due On Or Before March 16th, 2009

--Registration--
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